



CITY OF DUBLIN  
SENIOR CENTER ADVISORY COMMITTEE  
REGULAR MEETING AGENDA

THURSDAY, OCTOBER 6, 2016, 9:30 AM  
DUBLIN SENIOR CENTER, 7600 AMADOR VALLEY BOULEVARD

1. **CALL TO ORDER**

2. **PLEDGE OF ALLEGIANCE**

3. **ORAL COMMUNICATIONS**

**3.1 Public Comments**

At this time, the public is permitted to address the Dublin Senior Center Advisory Committee on non-agenized items. The Committee must, however, comply with all State Laws in regard to items not appearing on the posted agenda. The Committee may respond to statements made or questions asked, or may request Staff to report back at a future meeting concerning the matter. Any member of the public may contact the office of the Dublin Senior Center related to the proper procedure to place an item on a future Dublin Senior Center Advisory Committee agenda. The exceptions under which the Dublin Senior Center Advisory Committee MAY discuss and/or take action on items not appearing on the agenda are contained in GC 54954.2(b)(1)(2)(3).

4. **MINUTES**

**4.1 Minutes of the September 1, 2016 Special Meeting**

The Advisory Committee will consider approval of the minutes of the September 1, 2016 Special Meeting.

**STAFF RECOMMENDATION:**

Approve the minutes of the September 1, 2016 Special Meeting.

5. **WRITTEN COMMUNICATIONS** – None.

6. **UNFINISHED BUSINESS** – None.

7. **NEW BUSINESS**

**7.1 2016 Summer Quarterly Report**

The Advisory Committee will receive a report on the Senior Center programs, activities, and events conducted during the summer 2016 season.

**STAFF RECOMMENDATION:**

Receive the Report.

**7.2 Senior Center Registration/Card Program**

The Advisory Committee will receive a report on a proposal for a Senior Center Registration/Card Program.

**STAFF RECOMMENDATION:**

Receive the Report, provide feedback, and make a recommendation on the Program.

This AGENDA is posted in accordance with Government Code Section 54954.2(a)

*If requested, pursuant to Government Code Section 54953.2, this agenda shall be made available in appropriate alternative formats to persons with a disability, as required by Section 202 of the Americans with Disabilities Act of 1990 (42 U.S.C. Section 12132), and the federal rules and regulations adopted in implementation thereof. To make a request for disability-related modification or accommodation, please contact the Dublin Senior Center (925) 556-4511 at least 72 hours in advance of the meeting.*

*A complete packet of information containing Staff Reports (Agenda Statements) and attachments related to each item is available for public review at least 72 hours prior to a Senior Center Advisory Committee Meeting or, in the event that it is delivered to the Committee less than 72 hours prior to a Senior Center Advisory Committee Meeting, as soon as it is so delivered. The packet is available at the Dublin Senior Center.*

**7.3 Senior Center Advisory Committee Annual Report**

The Advisory Committee will receive a report regarding a bi-annual presentation to the Parks and Community Services Commission and the Dublin City Council.

**STAFF RECOMMENDATION:**

Receive the Report and provide feedback.

8. **OTHER BUSINESS** – Brief INFORMATIONAL ONLY Reports from Advisory Committee Members and/or Staff; including Reports by Advisory Committee related to Meetings Attended at City Expense (AB 1234).

9. **ADJOURNMENT**



## **STAFF REPORT SENIOR CENTER ADVISORY COMMITTEE**

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**DATE:** October 6, 2016

**TO:** Honorable Chair and Committee Members

**FROM:** Rich Jochner, Recreation Supervisor

**SUBJECT:** Minutes of the September 1, 2016 Special Meeting of the Senior Center Advisory Committee

### **EXECUTIVE SUMMARY:**

The Senior Center Advisory Committee will consider approval of the minutes of the September 1, 2016 Special Meeting of the Senior Center Advisory Committee.

### **FINANCIAL IMPACT:**

None.

### **RECOMMENDATION:**

Approve the minutes of the September 1, 2016 Special Meeting of the Senior Center Advisory Committee.

### **DESCRIPTION:**

The Senior Center Advisory Committee will consider approval of the minutes of the September 1, 2016 Special Meeting of the Senior Center Advisory Committee.

### **NOTICING REQUIREMENTS/PUBLIC OUTREACH:**

None.

### **ATTACHMENTS:**

1. Draft Minutes of the September 1, 2016 Special Meeting of the Senior Center Advisory Committee



## SENIOR CENTER ADVISORY COMMITTEE

### SPECIAL MEETING

#### *Draft Minutes*

CITY OF DUBLIN

September 1, 2016

A Special Meeting of the Dublin Senior Center Advisory Committee was held on Thursday, September 1, 2016 at the Dublin Senior Center. The meeting was called to order at 10:42 AM by Chair Ito.

#### **PLEDGE OF ALLEGIANCE**

The pledge of allegiance to the flag was recited by the Advisory Committee, Staff, and those present.

#### **ROLL CALL**

Advisory Committee Members (CM) Present:	Ito, Krausnick, Mack
Advisory Committee Members (CM) Absent:	Brizee, Lore
Liaison Present:	Janine Thalblum, Parks and Community Services Commission Liaison
Staff Present:	Jochner

#### **ORAL COMMUNICATIONS**

##### **3.1 PUBLIC COMMENTS**

Ms. Donna Ireland, Commissioner from the Alameda County Commission on Aging, commented on the 2016 Alameda County Affordable Housing Bond and suggested the City host an informational community meeting to get the information out to interested parties.

#### **APPROVAL OF MINUTES**

##### **4.1 Regular Meeting August 4, 2016**

On a motion by CM Krausnick, seconded by CM Ito, and by a vote of 3-0-0 with CM Brizee and CM Lore absent, the Advisory Committee took the following action:

#### *ACTION*

Approved minutes of the August 4, 2016 Senior Center Advisory Committee Regular Meeting with one correction to Item 3.1.

**WRITTEN COMMUNICATIONS** – None.

**UNFINISHED BUSINESS** – None.

#### **NEW BUSINESS**

##### **7.1 Senior Center Advisory Committee Term Expirations**

Mr. Rich Jochner, Recreation Supervisor, presented an overview of Committee Member term expiration dates.

*ACTION*

The Advisory Committee received the Report.

**7.2 Senior Center Advisory Committee Annual Report**

Mr. Rich Jochner, Recreation Supervisor, presented an overview of a proposed Senior Center Committee Annual Report project.

*ACTION*

The Advisory Committee provided feedback and received the Report. The Advisory Committee nominated CM Ito to be on a sub-committee with CM Lore. If CM Lore declines, then CM Mack volunteered to be on the sub-committee.

**7.3 Senior Fee Assistance Program**

Mr. Rich Jochner, Recreation Supervisor, presented an overview of a proposed Senior Fee Assistance Program.

On a motion by CM Mack, seconded by CM Krausnick, and by a vote of 3-0-0 with CM Brizee and CM Lore absent, the Advisory Committee took the following action:

*ACTION*

Recommended establishing a Senior Fee Assistance Program.

**OTHER BUSINESS**

The Advisory Committee Members provided brief informational reports on events and meetings attended over the past month.

**ADJOURNMENT**

There being no further business to come before the Senior Center Advisory Committee, the meeting was adjourned at 11:29 AM.

Minutes prepared by Rich Jochner, Recreation Supervisor.

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Holly Ito  
Chairperson

ATTEST: \_\_\_\_\_  
Rich Jochner  
Recreation Supervisor



# STAFF REPORT

## SENIOR CENTER ADVISORY COMMITTEE

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**DATE:** October 6, 2016

**TO:** Honorable Chair and Committee Members

**FROM:** Anna Hudson, Recreation Coordinator

**SUBJECT:** 2016 Summer Quarterly Report

### EXECUTIVE SUMMARY:

The Advisory Committee will receive a report on the Senior Center programs, activities, and events conducted during the summer 2016 season.

### FINANCIAL IMPACT:

None.

### RECOMMENDATION:

Receive the Report.

### DESCRIPTION:

The Dublin Senior Center offers activities and events that promote healthy living for seniors and the opportunity to build new friendships through recreation. The following is a summary of the 2016 summer quarter.

#### Summer Quarter Attendance (June-August 2016)

Attendance Type	2016	2015	2014	2013	2012
Drop-In	2,820	2,694	3,074	2,624	2,646
Programs and Activities	12,218	11,685	11,764	11,460	10,709
<b>Total Attendance</b>	<b>15,038</b>	<b>14,379</b>	<b>14,838</b>	<b>14,084</b>	<b>13,355</b>
<i>Avg. Daily Attendance</i>	65 days	65 days	64 days	64 days	65 days
	231	221	228	220	205
Total Volunteer Hours	4,188	3,209	3,360	4,087	4,004

The Senior Center experienced a 5% increase in drop-in attendance, a 5% increase in Programs and Activities attendance and a 5% increase in total Senior Center daily attendance. Volunteer hours increased by 31%.

The increase in lunch participation has created more accumulated volunteer hours during lunch. The Senior Center also recorded a high in student volunteer hours during the summer. The marquee has encouraged more volunteers to contact the Senior Center.

The activities showing significant increases in attendance were American Sign Language (150%), American Mah Jong (69%), and Chinese Mah Jong (47%). The daily lunch program increased in participation from 1,391 diners to 2,048 diners (a 47% increase).

### **June**

- A van trip to Carmel was attended by 14 participants.
- A van trip to Ano Nuevo was attended by ten participants.

### **July**

- A van trip to Korbel winery was attended by fourteen participants.
- A new Everyday Life Skills in English class was offered by volunteer instructor Doris Lang-Johnson.
- A new Yoga with Meditation class was offered by volunteer instructor Dr. Narendra Tilavat.
- A one-day Lego with your grandkids workshop was offered as an introduction to the new Engineering with Lego class.

### **August**

- A new Chair Aerobics class was offered by contract instructor Debbie Fallon.

### **NOTICING REQUIREMENTS/PUBLIC OUTREACH:**

None.

### **ATTACHMENTS:**

1. Summer 2016 Senior Center Attendance Report

<b>SUMMER 2016 SENIOR CENTER ATTENDANCE REPORT</b>						
<b>SENIOR CENTER ACTIVITIES</b>	<b>Jun</b>	<b>Jul</b>	<b>Aug</b>	<b>2016</b>	<b>2015</b>	<b>%change</b>
AARP Mature Driving	25	-	-	25	33	-24%
Advisory Committee	6	6	5	17	10	70%
Art Acrylics	18	24	18	60	87	-31%
Art Studio (Art for all Media)	5	6	10	21	8	163%
Balance & Agility	161	131	170	462	506	-9%
Ballroom Dance (Afternoon)	60	76	110	246	314	-22%
Ballroom Dance (Drop-in)	-	-	-	-	67	N/A
Ballroom Dance (Social)	17	19	30	66	-	NA
Ballroom Dance (Evening)	0	0	0	0	109	-100%
Bingo	267	231	303	801	656	22%
Blankets for Vets	39	32	36	107	140	-24%
Bridge	288	233	302	823	741	11%
Bridge Lessons	-	6	3	9	-	NA
Building Tours	25	15	22	62	25	148%
Bunco	19	21	26	66	109	-39%
Chair Aerobics (New)	-	-	20	20	-	NA
Chair Pilates	51	36	42	129	225	-43%
Computer 1-on-1	12	6	10	28	42	-33%
Computer (Drop-In)	53	58	55	166	191	-13%
Diabetes	12	3	10	25	22	14%
Draw Now Paint Later	-	-	-	-	-	NA
ELSE	4	24	28	56	51	10%
Food Distribution	484	413	524	1421	1469	-3%
Foundation Meeting	13	13	13	39	42	-7%
Health Screening	7	-	-	7	-	NA
Hearing Aide Cleaning	2	4	1	7	9	-22%
HICAP	4	4	3	11	9	22%
Hula	-	-	-	-	33	NA
Knitting	5	5	6	16	-	NA
Legal Consultation	4	0	0	4	-	NA
Line Dance	632	734	768	2134	2226	-4%
Lunch	755	614	679	2048	1391	47%
Mah Jong - American	50	54	31	135	80	69%
Mah Jong - Chinese	52	58	69	179	122	47%
Non-Impact Aerobics	-	-	-	-	20	NA
Path Wanderers	65	34	45	144	107	35%
Piano	-	-	-	-	12	NA
Ping Pong	147	142	221	510	468	9%
Quilting (Needle Art)	-	-	-	-	35	NA



<b>SENIOR CENTER ACTIVITIES</b>	<b>Jun</b>	<b>Jul</b>	<b>Aug</b>	<b>2016</b>	<b>2015</b>	<b>%change</b>
Reading Group	5	6	6	17	16	6%
Scrapbooking	-	-	-	-	30	NA
Sign Language	55	55	40	150	60	150%
Sing Along	33	22	25	80	-	NA
Special Event: 2015 Gala	-	-	-	-	90	NA
Tai Chi Chuan	216	267	287	770	900	-14%
Trail Trekkers	94	115	161	370	326	13%
Trips & Tours	24	14	-	38	38	0%
Ukulele Instruaction	31	24	9	64	97	-34%
Ukulele Jam Session	115	119	144	378	257	47%
Watercolor	51	44	41	136	68	100%
Workshops	6	5	4	15	6	150%
Writing Comp / Polish your Writing	31	27	27	85	172	-51%
Yoga - Gentle	75	60	77	212	195	9%
Yoga - Healing	18	12	13	43	71	-39%
Yoga - Meditation (New)	-	12	4	16	-	NA
<b>Activities Total</b>						
	4,036	3,784	4,398	12,218	11,685	5%



## STAFF REPORT

### SENIOR CENTER ADVISORY COMMITTEE

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**DATE:** October 6, 2016

**TO:** Honorable Chair and Committee Members

**FROM:** Rich Jochner, Recreation Supervisor

**SUBJECT:** Senior Center Registration/Card Program

#### **EXECUTIVE SUMMARY:**

The Advisory Committee will receive a report on a proposal for a Senior Center Registration /Card Program. This program will bring convenience to the consumer by requesting a waiver annually as opposed to daily, allow the use of pre-funded cards instead of paying for activities daily, and allow the City to better account for who is using the Senior Center should there be a medical emergency or disaster, requiring quick access to necessary medical information.

#### **FINANCIAL IMPACT:**

A registration fee would replace the current Supporter program and help to offset the administrative costs to administer the program.

#### **RECOMMENDATION:**

Receive the Report, provide feedback, and make a recommendation on the program.

#### **DESCRIPTION:**

At the August 4, 2016 Senior Center Advisory Committee meeting, Staff presented the idea of creating a registration system at the Dublin Senior Center to accomplish a few objectives.

The first objective is to ensure that the City can account for the persons taking part in scheduled and leisure activities at the Senior Center. Currently patrons enter the Senior Center building and are not accounted for unless they participate in an activity. Should there be a medical emergency or a disaster, there might not be a viable method to obtain quick medical information or account for who is in the facility and their emergency contact information. Modeling what many other Senior Centers in the Bay Area have already implemented, this program would require all Dublin Senior Center patrons to register or check-in upon entrance to the

facility. The Registration/Card program would allow Staff to obtain emergency contact information for each patron and verify who has entered the facility on a daily basis.

The second objective is to create operational efficiencies at the Center. Currently, each program participant must fill out a waiver per program and funds are collected each time they participate in a program/activity. Under the proposed Registration/Card program, the waiver would be filled out annually and the card holder would have the convenient option to pre-pay to participate in multiple activities rather than pay each time.

Staff anticipates the program will officially commence on March 1, 2017. The suggested fee for the Senior Center Registration Card would be \$20 yearly for residents and \$24 for non-residents. Patrons 85 and older would receive honorary status and no annual fee.

A card program would feature the following benefits to patrons:

- Each person would be asked to annually complete an emergency medical and waiver form and receive a card for doing so.
- The Senior Center quarterly newsletter, the ‘Dublin Doings’ would be emailed to them or available for pick-up.
- During senior programming hours, access to shared use of the television, lounge, patios and computer center, free coffee and snacks, attendance at free workshops, use of jigsaw puzzles, and use of the lending library (books, magazines, CDs).
- All drop-in classes are charged the registered rate as opposed to a non-registered (daily) rate of a minimum of \$2 per class more than the registered rate.
- Opportunity to pre-pay to participate in multiple activities/programs with monthly and/or quarterly options.

For those who are not interested in registering for a card, the following conditions would apply:

- A day use pass would cost \$5 for leisure use of the facility (this would also be in addition to any class or program fee, excluding the lunch program).
- Drop-in classes would be charged at a higher rate; a minimum of \$2 per class more than those who are registered.
- Non card holders would be required to complete an emergency waiver form on each visit or program registration.

## **NOTICING REQUIREMENTS/PUBLIC OUTREACH:**

None.

## **ATTACHMENTS:**

None.



## STAFF REPORT

### SENIOR CENTER ADVISORY COMMITTEE

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**DATE:** October 6, 2016

**TO:** Honorable Chair and Committee Members

**FROM:** Rich Jochner, Recreation Supervisor

**SUBJECT:** Senior Center Advisory Committee Annual Report

#### **EXECUTIVE SUMMARY:**

The Advisory Committee will receive a report regarding a bi-annual presentation to the Parks and Community Services Commission and the Dublin City Council.

#### **FINANCIAL IMPACT:**

None.

#### **RECOMMENDATION:**

Receive the Report and provide feedback.

#### **DESCRIPTION:**

At the September 1, 2016 Senior Center Advisory Committee Meeting, Committee Members Ito and Lore were nominated to serve on a sub-committee to present a Senior Center Annual Report to the Parks and Community Services Commission and the City Council. CM Lore declined and CM Eddie Jo Mack volunteered to take her place.

The Senior Center Advisory Committee will review the proposed Dublin Senior Center Advisory Committee Annual Report that is scheduled to be presented to the Parks and Community Services Commission in November 2016 and to the City Council in December 2016.

The Advisory Committee Members will be asked to provide feedback on the proposed report, and what components could be changed, deleted, or added, if any, to improve the overall presentation.

#### **NOTICING REQUIREMENTS/PUBLIC OUTREACH:**

None.

#### **ATTACHMENTS:**

None.