



**CITY OF DUBLIN
SENIOR CENTER ADVISORY COMMITTEE
MEETING AGENDA**

**THURSDAY, JULY 7, 2016, 9:30 AM
DUBLIN SENIOR CENTER, 7600 AMADOR VALLEY BOULEVARD**

1. CALL TO ORDER

2. PLEDGE OF ALLEGIANCE

3. ORAL COMMUNICATIONS

3.1 Public Comments

At this time, the public is permitted to address the Dublin Senior Center Advisory Committee on non-agenized items. The Committee must, however, comply with all State Laws in regard to items not appearing on the posted agenda. The Committee may respond to statements made or questions asked, or may request Staff to report back at a future meeting concerning the matter. Any member of the public may contact the office of the Dublin Senior Center related to the proper procedure to place an item on a future Dublin Senior Center Advisory Committee agenda. The exceptions under which the Dublin Senior Center Advisory Committee MAY discuss and/or take action on items not appearing on the agenda are contained in GC 54954.2(b)(1)(2)(3).

4. MINUTES

4.1 Minutes of the May 5, 2016 Regular Meeting

The Advisory Committee will consider approval of the minutes of the May 5, 2016 Regular Meeting.

STAFF RECOMMENDATION:

Approve the minutes of the May 5, 2016 Regular Meeting.

4.2 Minutes of the June 2, 2016 Special Meeting

The Advisory Committee will consider approval of the minutes of the June 2, 2016 Special Meeting.

STAFF RECOMMENDATION:

Approve the minutes of the June 2, 2016 Special Meeting.

5. WRITTEN COMMUNICATIONS – None.

6. UNFINISHED BUSINESS – None.

7. NEW BUSINESS

7.1 Recap of the Day Trip to Senior Centers

The Advisory Committee will provide feedback from the tours of Senior Centers in Cupertino and Fremont.

STAFF RECOMMENDATION:

Receive the Report and provide feedback.

This AGENDA is posted in accordance with Government Code Section 54954.2(a)

If requested, pursuant to Government Code Section 54953.2, this agenda shall be made available in appropriate alternative formats to persons with a disability, as required by Section 202 of the Americans with Disabilities Act of 1990 (42 U.S.C. Section 12132), and the federal rules and regulations adopted in implementation thereof. To make a request for disability-related modification or accommodation, please contact the Dublin Senior Center (925) 556-4511 at least 72 hours in advance of the meeting.

A complete packet of information containing Staff Reports (Agenda Statements) and attachments related to each item is available for public review at least 72 hours prior to a Senior Center Advisory Committee Meeting or, in the event that it is delivered to the Committee less than 72 hours prior to a Senior Center Advisory Committee Meeting, as soon as it is so delivered. The packet is available at the Dublin Senior Center.

7.2 2016 Spring Quarterly Report

The Advisory Committee will receive a report on the Senior Center attendance, activities, and events during spring 2016.

STAFF RECOMMENDATION:

Receive the Report.

8. **OTHER BUSINESS** – Brief INFORMATIONAL ONLY Reports from Advisory Committee Members and/or Staff; including Reports by Advisory Committee related to Meetings Attended at City Expense (AB 1234).

9. **ADJOURNMENT**



STAFF REPORT

SENIOR CENTER ADVISORY COMMITTEE

DATE: July 7, 2016

TO: Honorable Chair and Committee Members

FROM: Rich Jochner, Recreation Supervisor
Reviewed by Micki Cronin, Assistant Director of Parks and Community Services

SUBJECT: Minutes of the May 5, 2016, Regular Meeting of the Senior Center Advisory Committee

EXECUTIVE SUMMARY:

The Senior Center Advisory Committee will consider approval of the minutes of the May 5, 2016, Regular Meeting of the Senior Center Advisory Committee.

FINANCIAL IMPACT:

None.

RECOMMENDATION:

Approve the minutes of the May 5, 2016, Regular Meeting of the Senior Center Advisory Committee.

DESCRIPTION:

The Senior Center Advisory Committee will consider approval of the minutes of the May 5, 2016, Regular Meeting of the Senior Center Advisory Committee.

NOTICING REQUIREMENTS/PUBLIC OUTREACH:

None.

ATTACHMENTS:

1. Draft Minutes of the May 5, 2016, Regular Meeting of the Senior Center Advisory Committee



SENIOR CENTER ADVISORY COMMITTEE

REGULAR MEETING

Draft Minutes

CITY OF DUBLIN

May 5, 2016

A Regular Meeting of the Dublin Senior Center Advisory Committee was held on Thursday, May 5, 2016 at the Dublin Senior Center. The meeting was called to order at 9:33 AM by Chair Ito.

PLEDGE OF ALLEGIANCE

The pledge of allegiance to the flag was recited by the Advisory Committee, Staff, and those present.

ROLL CALL

Advisory Committee Members (CM) Present:	Ito, Krausnick, Lore, Brizee, Mack
Advisory Committee Members (CM) Absent:	None
Liaison Present:	Janine Thalblum, Parks and Community Services Commission Liaison
Staff Present:	Hudson, Jochner

ORAL COMMUNICATIONS

3.1 PUBLIC COMMENTS – None.

APPROVAL OF MINUTES

4.1 Regular Meeting April 7, 2016

On a motion by CM Krausnick, seconded by CM Lore, and by a vote of 3-0-0, with Advisory Committee Members Brizee and Mack absent during the vote, the Advisory Committee took the following action:

ACTION

Approved minutes of the April 7, 2016 Senior Center Advisory Committee Regular Meeting.

WRITTEN COMMUNICATIONS – None.

UNFINISHED BUSINESS – None.

NEW BUSINESS

7.1 2016 Winter Quarterly Report

Mr. Rich Jochner, Recreation Supervisor, presented an overview of the attendance, classes, activities, and events during the 2016 winter quarter.

CM Brizee arrived at 9:40 AM and CM Mack arrived at 9:44 AM.

ACTION

The Advisory Committee received the Report.

OTHER BUSINESS

The Advisory Committee Members provided brief informational reports on events and meetings attended over the past month.

Mr. Jochner provided program and project updates.

ADJOURNMENT

There being no further business to come before the Senior Center Advisory Committee, the meeting was adjourned at 10:02 AM.

Minutes prepared by Rich Jochner, Recreation Supervisor.

Holly Ito
Chairperson

ATTEST: _____
Rich Jochner
Recreation Supervisor



STAFF REPORT

SENIOR CENTER ADVISORY COMMITTEE

DATE: July 7, 2016

TO: Honorable Chair and Committee Members

FROM: Rich Jochner, Recreation Supervisor
Reviewed by Micki Cronin, Assistant Director of Parks and Community Services

SUBJECT: Minutes of the June 2, 2016, Special Meeting of the Senior Center Advisory Committee

EXECUTIVE SUMMARY:

The Senior Center Advisory Committee will consider approval of the minutes of the June 2, 2016, Special Meeting of the Senior Center Advisory Committee.

FINANCIAL IMPACT:

None.

RECOMMENDATION:

Approve the minutes of the June 2, 2016, Special Meeting of the Senior Center Advisory Committee.

DESCRIPTION:

The Senior Center Advisory Committee will consider approval of the minutes of the June 2, 2016, Special Meeting of the Senior Center Advisory Committee.

NOTICING REQUIREMENTS/PUBLIC OUTREACH:

None.

ATTACHMENTS:

1. Draft Minutes of the June 2, 2016, Special Meeting of the Senior Center Advisory Committee



SENIOR CENTER ADVISORY COMMITTEE

SPECIAL MEETING

Draft Minutes

CITY OF DUBLIN

June 2, 2016

A Special Meeting of the Dublin Senior Center Advisory Committee was held on Thursday, June 2, 2016 at the Dublin Senior Center. The meeting was called to order at 9:00 AM by Chair Ito.

PLEDGE OF ALLEGIANCE

The pledge of allegiance to the flag was recited by the Advisory Committee, Staff, and those present.

ROLL CALL

Advisory Committee Members (CM) Present:

Ito, Lore, Mack

Advisory Committee Members (CM) Absent:

Krausnick, Brizee

Liaison Present:

Janine Thalblum, Parks and Community
Services Commission Liaison

Staff Present:

Cronin, Hudson, Jochner

ORAL COMMUNICATIONS

3.1 PUBLIC COMMENTS – None.

APPROVAL OF MINUTES – None.

WRITTEN COMMUNICATIONS – None.

UNFINISHED BUSINESS – None.

NEW BUSINESS

7.1 Field Trip to Senior Centers in Cupertino and Fremont

The Senior Center Advisory Committee departed the Dublin Senior Center at 9:10 AM to tour the senior centers in Cupertino and Fremont. The Advisory Committee returned to the Dublin Senior Center at approximately 1:45 PM.

OTHER BUSINESS – None.

ADJOURNMENT

There being no further business to come before the Senior Center Advisory Committee, the meeting was adjourned at 1:45 PM.

Minutes prepared by Rich Jochner, Recreation Supervisor.

Holly Ito
Chairperson

ATTEST: _____

Rich Jochner
Recreation Supervisor



STAFF REPORT

SENIOR CENTER ADVISORY COMMITTEE

DATE: July 7, 2016

TO: Honorable Chair and Committee Members

FROM: Anna Hudson, Recreation Coordinator
Reviewed by Micki Cronin, Assistant Director of Parks and Community Services

SUBJECT: Recap of the Day Trip to Senior Centers

EXECUTIVE SUMMARY:

The Advisory Committee will provide feedback from the tours of the senior centers in Cupertino and Fremont.

FINANCIAL IMPACT:

None.

RECOMMENDATION:

Receive the Report and provide feedback.

DESCRIPTION:

At the June 2, 2016, Special Meeting, the Senior Center Advisory Committee visited the Cupertino Senior Center and the Fremont Senior Center. Staff from both Senior Centers gave a tour and overview of the activities offered to seniors. The Advisory Committee Members who attended this day trip are asked to share comments and observations about the experience at the other senior centers as it pertains to senior programs, activities, and/or facility amenities.

NOTICING REQUIREMENTS/PUBLIC OUTREACH:

None.

ATTACHMENTS:

None.



STAFF REPORT
SENIOR CENTER ADVISORY COMMITTEE

DATE: July 7, 2016

TO: Honorable Chair and Committee Members

FROM: Anna Hudson, Recreation Coordinator
Reviewed by Micki Cronin, Assistant Director of Parks and Community Services

SUBJECT: 2016 Spring Quarterly Report

EXECUTIVE SUMMARY:

The Advisory Committee will receive a report on the Senior Center attendance, activities, and events during spring 2016.

FINANCIAL IMPACT:

None.

RECOMMENDATION:

Receive the Report.

DESCRIPTION:

The Dublin Senior Center offers activities and events that promote healthy living for seniors, and the opportunity to build new friendships through recreation. The following is a summary of the 2016 spring quarter.

Senior Center Spring Attendance Comparison (March - May)

Attendance Type	2016	2015	2014	2013	2012
Drop-In	2,929	2,358	2,624	2,600	2,520
Programs & Activities	13,290	11,947	11,465	11,053	10,642
Total Attendance	16,219	14,305	14,089	13,653	13,162
<i>Days Open</i>	<i>66 days</i>	<i>65 days</i>	<i>64 days</i>	<i>65 days</i>	<i>63 days</i>
<i>Avg. Daily Attendance</i>	<i>246</i>	<i>220</i>	<i>210</i>	<i>210</i>	<i>209</i>
<i>Total Volunteer Hours</i>	<i>3,860</i>	<i>3,712</i>	<i>3,772</i>	<i>4,161</i>	<i>3,885</i>

The Senior Center experienced an 11% increase in Programs and Activities attendance, and 13% increase in total Senior Center daily attendance.

Summary of the Spring Attendance Comparison

The classes showing significant increases in attendance were Gentle Yoga at 400% and Healing Yoga at 200%.

The daily lunch program also saw a steady increase in attendance, with 842 more participants compared to last spring.

March

- The St. Patrick's Day Luncheon was well-received by 83 seniors, with food by Open Heart Kitchen and a performance by folk singer, Steven Gary.
- Thirteen people enjoyed a leisurely day trip to Monterey's Cannery Row.

April

- The City's Executive Team and other City Staff served a delicious meal to 99 volunteers who were recognized at the annual Volunteer Appreciation Luncheon. Stacy Carter provided the entertainment covering popular Motown songs. Over 13,000 volunteer hours were documented in 2015.
- Thirteen seniors visited the Filoli Estate and the Gamble Gardens in Woodside.
- The Dublin Senior Center Foundation's first Bingo Party catered by Taquiera Los Pericos attracted 101 bingo enthusiasts.

May

- At the Mother's Day Luncheon, 31 seniors were serenaded by popular singer, Manuel Romero. Food was provided by Absolute Celebrations Catering.
- A group of ten seniors toured Mare Island, the former naval base in Vallejo and enjoyed lunch in downtown Benicia.

NOTICING REQUIREMENTS/PUBLIC OUTREACH:

None.

ATTACHMENT:

- 1) Senior Center Attendant Report – Spring 2016

SPRING QUARTER 2016 ATTENDANCE						
SENIOR CENTER ACTIVITIES	Mar	Apr	May	2016	2015	%change
AARP Mature Driving	-	-	-	-	33	N/A
Advisory Committee	5	5	6	16	15	7%
Art Acrylics	45	33	21	99	72	38%
Art Studio (Art for all Media)	11	14	16	41	45	-9%
Balance & Agility	231	184	204	619	370	67%
Ballroom Dance (Afternoon)	165	120	70	355	336	6%
Ballroom Dance (Drop-In)	-	-	-	-	129	N/A
Ballroom Dance (Social)	19	25	16	60	-	N/A
Ballroom Dance (Evening)	15	36	-	51	131	-61%
Bingo	275	235	236	746	854	-13%
Blanket for Vets	43	33	27	103	147	-30%
Bridge	346	294	269	909	804	13%
Bridge Lessons	16	16	7	39	-	N/A
Building Tours	10	10	14	34	15	127%
Bunco	40	42	39	121	107	13%
Chair Pilates	68	45	-	113	144	-22%
Computer 1-on-1	9	6	4	19	64	-70%
Computer (Drop In)	55	42	60	157	232	-32%
Diabetes	5	7	5	17	21	-19%
Draw Now Paint Later	22	13	17	52	64	-19%
ELSE (formerly ESL)	-	-	-	-	160	N/A
Food Distribution	537	404	471	1412	1279	10%
Foundation Meeting	13	14	13	40	39	3%
Hawaiian Music	-	-	-	-	21	N/A
Health Screening	11	-	-	11	10	10%
HICAP	1	2	3	6	3	100%
Hula	-	-	-	-	69	N/A
Knitting	6	-	8	14	-	N/A
Legal Consultation	-	-	3	3	-	N/A
Line Dance	725	645	677	2047	2052	0%
Lunch	732	584	742	2058	1216	69%
Luncheon (Special)	83	-	31	114	54	111%
Mah Jong - American	43	58	40	141	93	52%
Mah Jong - Chinese	47	43	39	129	165	-22%
NIA	-	-	-	-	31	N/A
Path Wanderers	64	50	49	163	140	16%
Piano	-	-	-	-	45	N/A
Ping Pong	160	184	163	507	444	14%
Quilting (Needle Art)	26	17	21	64	70	-9%
Reading Group	5	4	6	15	21	-29%

Scrapbooking	-	-	-	-	26	N/A
Sign Language	36	36	23	95	66	44%
Sing Along	41	25	18	84	-	N/A
Tai Chi Chuan (T, F, S)	176	163	173	512	657	-22%
Tai Chi Drop In (TH)	51	33	51	135	-	N/A
Trail Trekkers	147	85	144	376	310	21%
Trips	14	13	10	37	14	164%
Ukulele Instruction	65	52	18	135	81	67%
Ukulele Jam Session	177	87	142	406	196	107%
Volunteer Banquet	-	99	-	99	87	14%
Watercolor	148	185	148	481	504	-5%
Workshops	30	9	5	44	29	52%
Writing Comp / Polish your Writing	42	39	39	120	237	-49%
Yoga - Gentle	80	48	52	180	36	400%
Yoga - Healing	44	34	21	99	33	200%
Yoga - Intro to Gentle	55	32	24	111	-	N/A
Special Event - Foundation Bingo Party	-	100	-	100	-	N/A
SubTotal	4,939	4,205	4,145	13,289	11,947	11%
Drop In	1,042	876	1,011	2,929	2,358	24%
Total Attendance	5,981	5,081	5,156	16,218	14,305	13%

SPRING QUARTER 2016						
SENIOR CENTER	Mar	Apr	May	2016	2015	%change
Total Volunteer Hours	1,337.25	1,355.00	1,167.25	3,859.50	3,712.00	4%