



**CITY OF DUBLIN  
SENIOR CENTER ADVISORY COMMITTEE  
MEETING AGENDA**

**THURSDAY, MAY 5, 2016, 9:30 AM  
DUBLIN SENIOR CENTER, 7600 AMADOR VALLEY BOULEVARD**

**1. CALL TO ORDER**

**2. PLEDGE OF ALLEGIANCE**

**3. ORAL COMMUNICATIONS**

**3.1 Public Comments**

At this time, the public is permitted to address the Dublin Senior Center Advisory Committee on non-agenized items. The Committee must, however, comply with all State Laws in regard to items not appearing on the posted agenda. The Committee may respond to statements made or questions asked, or may request Staff to report back at a future meeting concerning the matter. Any member of the public may contact the office of the Dublin Senior Center related to the proper procedure to place an item on a future Dublin Senior Center Advisory Committee agenda. The exceptions under which the Dublin Senior Center Advisory Committee MAY discuss and/or take action on items not appearing on the agenda are contained in GC 54954.2(b)(1)(2)(3).

**4. MINUTES**

**4.1 Minutes of the April 7, 2016 Regular Meeting**

The Advisory Committee will consider approval of the minutes of the April 7, 2016 Regular Meeting.

**STAFF RECOMMENDATION:**

Approve the minutes of the April 7, 2016 Regular Meeting.

**5. WRITTEN COMMUNICATIONS – None.**

**6. UNFINISHED BUSINESS – None.**

**7. NEW BUSINESS**

**7.1 2016 Winter Quarterly Report**

The Advisory Committee will receive a report on the 2016 Winter Quarterly Report.

**STAFF RECOMMENDATION:**

Receive the Report.

**8. OTHER BUSINESS – Brief INFORMATIONAL ONLY Reports from Advisory Committee Members and/or Staff; including Reports by Advisory Committee related to Meetings Attended at City Expense (AB 1234).**

**9. ADJOURNMENT**

This AGENDA is posted in accordance with Government Code Section 54954.2(a)

*If requested, pursuant to Government Code Section 54953.2, this agenda shall be made available in appropriate alternative formats to persons with a disability, as required by Section 202 of the Americans with Disabilities Act of 1990 (42 U.S.C. Section 12132), and the federal rules and regulations adopted in implementation thereof. To make a request for disability-related modification or accommodation, please contact the Dublin Senior Center (925) 556-4511 at least 72 hours in advance of the meeting.*

*A complete packet of information containing Staff Reports (Agenda Statements) and attachments related to each item is available for public review at least 72 hours prior to a Senior Center Advisory Committee Meeting or, in the event that it is delivered to the Committee less than 72 hours prior to a Senior Center Advisory Committee Meeting, as soon as it is so delivered. The packet is available at the Dublin Senior Center.*



## STAFF REPORT

### SENIOR CENTER ADVISORY COMMITTEE

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**DATE:** May 5, 2016

**TO:** Honorable Chair and Committee Members

**FROM:** Rich Jochner, Recreation Supervisor  
*Reviewed by: Micki Cronin, Assistant Director of Parks and Community Services*

**SUBJECT:** Minutes of the April 7, 2016, Senior Center Advisory Committee Regular Meeting

#### EXECUTIVE SUMMARY:

The Senior Center Advisory Committee will consider approval of the minutes of the April 7, 2016, Senior Center Advisory Committee Regular Meeting.

#### FINANCIAL IMPACT:

None.

#### RECOMMENDATION:

Approve the minutes of the April 7, 2016, Senior Center Advisory Committee Regular Meeting.

#### DESCRIPTION:

The Senior Center Advisory Committee will consider approval of the minutes of the April 7, 2016, Senior Center Advisory Committee Regular Meeting.

#### NOTICING REQUIREMENTS/PUBLIC OUTREACH:

None.

#### ATTACHMENTS:

1. Draft Minutes of the April 7, 2016, Senior Center Advisory Committee Regular Meeting



## SENIOR CENTER ADVISORY COMMITTEE

### REGULAR MEETING

#### *Draft Minutes*

### CITY OF DUBLIN

April 7, 2016

A regular meeting of the Dublin Senior Center Advisory Committee was held on Thursday, April 7, 2016 at the Dublin Senior Center. The meeting was called to order at 9:30 AM by Chair Ito.

#### **PLEDGE OF ALLEGIANCE**

The pledge of allegiance to the flag was recited by the Committee, Staff, and those present.

#### **ROLL CALL**

Committee Members (CM) Present: Brizee, Ito, Krausnick, Lore, Mack

Committee Members (CM) Absent: None

Liaison Present: Janine Thalblum, Parks and Community Services  
Commission Liaison

Staff Present: Hudson, Jochner

#### **ORAL COMMUNICATIONS**

**3.1 PUBLIC COMMENTS** – None.

#### **APPROVAL OF MINUTES**

**4.1 Regular Meeting March 3, 2016**

On a motion by CM Lore, seconded by CM Krausnick, and by a vote of 5-0-0, the Advisory Committee took the following action:

#### *ACTION*

Approved minutes of the March 3, 2016 Senior Center Advisory Committee Regular Meeting as presented.

**WRITTEN COMMUNICATIONS** – None.

**UNFINISHED BUSINESS** – None.

#### **NEW BUSINESS**

**7.1 Senior Center Volunteer Appreciation Luncheon**

Ms. Anna Hudson, Recreation Coordinator, presented an overview of the Senior Center Volunteer Appreciation Luncheon planned for April 28, 2016.

#### *ACTION*

The Advisory Committee received the Report.

**OTHER BUSINESS**

The Advisory Committee Members provided brief informational reports on events and meetings attended.

Mr. Jochner provided program and project updates.

**ADJOURNMENT**

There being no further business to come before the Senior Center Advisory Committee, the meeting was adjourned at 10:17 AM.

Minutes prepared by Rich Jochner, Recreation Supervisor.

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Holly Ito  
Chairperson

ATTEST: \_\_\_\_\_  
Rich Jochner  
Recreation Supervisor



## STAFF REPORT

### SENIOR CENTER ADVISORY COMMITTEE

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**DATE:** May 5, 2016

**TO:** Honorable Chair and Committee Members

**FROM:** Rich Jochner, Recreation Supervisor  
*Reviewed by: Micki Cronin, Assistant Director of Parks and Community Services*

**SUBJECT:** 2016 Winter Quarterly Report  
*By: Anna Hudson, Recreation Coordinator*

**EXECUTIVE SUMMARY:**

The Advisory Committee will receive a report on the Senior Center 2016 Winter Quarterly Report.

**FINANCIAL IMPACT:**

None.

**RECOMMENDATION:**

Receive the Report.

**DESCRIPTION:**

The Dublin Senior Center offers activities and events that promote healthy living for seniors, and the opportunity to build new friendships through recreation. The following is a summary of the 2016 winter quarter.

**Senior Center Winter Attendance Comparison (Dec 2015 - Feb 2016)**

<b>Attendance Type</b>	<b>2016</b>	<b>2015</b>	<b>2014</b>	<b>2013</b>	<b>2012</b>
Drop-In	2,183	2,529	2,296	2,296	2,240
Programs & Activities	10,576	10,124	9,534	9,054	9,526
<b>Total Attendance</b>	<b>12,759</b>	<b>12,653</b>	<b>11,830</b>	<b>11,350</b>	<b>11,766</b>
<i># of Days open</i>	<i>(57 days)</i>	<i>(55 days)</i>	<i>(56 days)</i>	<i>(56 days)</i>	<i>(56 days)</i>
<i>Avg. Daily Attendance</i>	<i>224</i>	<i>226</i>	<i>211</i>	<i>203</i>	<i>210</i>
<b>Total Volunteer Hours</b>	<b>2,936</b>	<b>2,815</b>	<b>3,074</b>	<b>3,521</b>	<b>3,429</b>

The Senior Center experienced a 4% increase in Programs and Activities attendance and a 1% increase in overall attendance. Drop-ins decreased by almost 14%. It is likely that the wet winter caused less people to socialize at drop-in activities and use the lounge. The total volunteer hours increased by 4%.

## Summary of the Winter Attendance Comparison

Programs showing large increases in attendance were Ukulele Jam Session (+144%), Bunco (+146 %), Path Wanderers (+87%), and Balance and Agility (+56%). The daily lunch program attendance increased 87% from a year ago.

## December 2015 Highlights

- Twelve participants enjoyed a Holiday Factory Tour van trip to Hilmar Cheese Company, Sciabica Olive Oil, Classic Wine Vinegars and Duarte Nursery.
- Seventy-four dancers attended the Holiday Dance Escape event on December 11.
- New DJ Bill Blankenship hosted an afternoon ballroom dance social on December 18, and included dance lessons for 17 participants.

## January 2016 Highlights

- The City of Dublin City Council presented a Certificate of Appreciation to the following organizations that donated funds for special events, or provided in-kind donations. A total of \$2,600 in donations was collected in the 2015 calendar year.

### Private Donor

- Anonymous Donor: \$900

### Corporate Sponsors

- Hired Hands: \$700
- Palo Alto Medical Foundation: \$500
- Pleasanton Nursing and Rehab: \$500

### In-Kind Donations

- Parkview Assisted Living: Lunches for 75 guests at the Senior Info Fair.
- Brookdale Senior Solutions: Refreshments for 75 guests at three Hometown Heroes and 100 guests at December dances.
- Saturday Acrylics Art class with Arthur King moved to Monday afternoons beginning in January. Nine students enrolled in the Monet Acrylics Art class.
- DJ Bill Blankenship hosted an afternoon ballroom dance social on January 29, which included dance lessons for 37 participants.

## February 2016 Highlights

- Seventy-one dancers enjoyed music performed by Swing Fever at the Dance Escape event on February 12.
- DJ Bill Blankenship hosted an afternoon ballroom dance social on February 26 which included dance lessons for 16 participants.

## Testimonials

- Poon C of Dublin, who donated \$100 twice last year, expressed how much she appreciated the opportunity the Dublin Senior Center offers to seniors. She thoroughly enjoys her line dance teacher, Rosa Chan, and her ESL teacher, Louisa. She is thankful to all the volunteers for their friendliness and to those who serve her lunch.
- ASL Instructor Sheila Holmes emailed Staff and wrote: On behalf of myself and all the ASL students we offer our sincere thanks to you and your staff for allowing us to sign up at the holiday luncheon. We had a grand time and were impressed with the wonderful experience the center offered to its seniors.

**NOTICING REQUIREMENTS/PUBLIC OUTREACH:**

None.

**ATTACHMENT:**

1. Senior Center Attendant Report – Winter 2015-2016

## SENIOR CENTER ATTENDANCE REPORT: WINTER 2015-2016

WINTER QUARTER 2015-2016 ATTENDANCE						
SENIOR CENTER ACTIVITIES	Dec	Jan	Feb	2016	2015	%change
AARP Mature Driving	-	-	-	-	18	NA
Advisory Committee	8	7	9	24	11	118%
Art - Saturday	-	27	36	63	48	31%
Art Studio (Art for all Media)	11	19	9	39	38	3%
Balance & Agility	76	150	167	393	252	56%
Ballroom Dance (Afternoon)	36	92	67	195	258	-24%
Ballroom Dance (Evening)	50	38	43	131	92	42%
Ballroom (Drop in)	17	37	16	70	106	-34%
Bingo	172	220	212	604	609	-1%
Blanket for Vets	11	30	30	71	117	-39%
Bridge	203	210	263	676	675	0%
Bridge Lessons	15	14	8	37	-	NA
Building Tours	7	4	7	18	109	-83%
Bunco	25	17	44	86	35	146%
Computer 1-on-1	4	14	19	37	36	3%
Computer (Drop In)	50	60	60	170	197	-14%
Diabetes	5	6	6	17	17	0%
Draw Now Paint Later	-	17	27	44	73	-40%
ELSE (formerly ESL)	-	-	-	-	160	NA
ESL (formerly English 101)	18	11	21	50	-	NA
Fit Over 50	-	-	-	-	160	NA
Food Distribution	405	403	518	1,326	1,122	18%
Foundation Meeting	13	13	13	39	37	5%
Hawaiian Music	-	-	-	-	62	NA
Health Screening	9	-	-	9	9	0%
Hearing Aide cleaning	5	2	3	10	-	NA
HICAP	1	1	1	3	7	-57%
Hula	-	-	-	-	77	NA
Knitting	-	6	15	21	-	NA
Line Dance	450	601	672	1,723	1,996	-14%
Lunch	557	625	624	1,806	966	87%
Luncheon (Special)	36	-	-	36	86	-58%
Mah Jong - American	31	32	48	111	118	-6%
Mah Jong - Chinese	32	44	43	119	126	-6%
Name That Tune	6	6	12	24	-	NA
NIA	-	-	-	0	53	-100%
Path Wanderers	57	73	61	191	102	87%
Piano	-	-	-	0	44	-100%
Pilates	17	11	58	86	77	12%



Ping Pong	104	126	163	393	344	14%
Quilting only (Needle Art)	9	9	11	29	63	-54%
Reading Group	-	7	7	14	12	17%
Scrapbooking	-	-	-	0	18	-100%
Sign Language	21	28	24	73	53	38%
Sing Along	22	17	30	69	-	NA
Tai Chi Chuan (3)	90	179	174	443	424	4%
Trail Trekkers	94	87	117	298	298	0%
Trips	12	-	-	12	21	-43%
Ukulele Instruction - New	-	-	15	15	-	NA
Ukulele Jam Session	128	133	97	358	147	144%
Watercolor	-	111	111	222	320	-31%
Watercolor Dec Drop-In	30	-	-	30	29	3%
Workshops	16	-	-	16	-	NA
Writing Comp / Polish your Writing	34	26	40	100	201	-50%
Wellness Within	-	-	-	-	15	NA
Yoga - Gentle	-	22	48	70	-	NA
Yoga - Healing	18	28	30	76	6	1167%
Zumba	-	-	-	-	25	NA
Special Event: DancEscape	74	-	55	129	151	-15%
SubTotal	2,979	3,563	4,034	10,576	10,020	6%
Drop In	695	698	790	2,183	2,529	-14%
Total Attendance	3,674	4,261	4,824	12,759	12,653	1%