



CITY OF DUBLIN
SENIOR CENTER ADVISORY COMMITTEE
MEETING AGENDA

THURSDAY, NOVEMBER 5, 2015, 9:30 AM
DUBLIN SENIOR CENTER, 7600 AMADOR VALLEY BOULEVARD

1. **CALL TO ORDER**

2. **PLEDGE OF ALLEGIANCE**

3. **ORAL COMMUNICATIONS**

3.1 **Public Comments:**

At this time, the public is permitted to address the Dublin Senior Center Advisory Committee on non-agenized items. The Committee must, however, comply with all State Laws in regard to items not appearing on the posted agenda. The Committee may respond to statements made or questions asked, or may request Staff to report back at a future meeting concerning the matter. Any member of the public may contact the office of the Dublin Senior Center related to the proper procedure to place an item on a future Dublin Senior Center Advisory Committee agenda. The exceptions under which the Dublin Senior Center Advisory Committee MAY discuss and/or take action on items not appearing on the agenda are contained in GC 54954.2(b)(1)(2)(3).

4. **MINUTES**

4.1 **Minutes of the October 1, 2015 Regular Meeting**

The Committee will consider approval of the minutes of the October 1, 2015 Regular meeting.

STAFF RECOMMENDATION:

Approve the minutes of the October 1, 2015 Regular meeting.

5. **WRITTEN COMMUNICATIONS – None**

6. **UNFINISHED BUSINESS - None**

7. **NEW BUSINESS**

7.1 **2015 Summer Quarterly Report**

The Senior Center Advisory Committee shall receive a report on the Dublin Senior Center activities and attendance during the summer 2015 quarter.

STAFF RECOMMENDATION:

Receive report.

7.2 **Hometown Heroes**

The Senior Center Advisory Committee shall receive a report on the upcoming Hometown Heroes event on November 7, 2015.

STAFF RECOMMENDATION:

Receive report.

This AGENDA is posted in accordance with Government Code Section 54954.2(a)

If requested, pursuant to Government Code Section 54953.2, this agenda shall be made available in appropriate alternative formats to persons with a disability, as required by Section 202 of the Americans with Disabilities Act of 1990 (42 U.S.C. Section 12132), and the federal rules and regulations adopted in implementation thereof. To make a request for disability-related modification or accommodation, please contact the Dublin Senior Center (925) 556-4511 at least 72 hours in advance of the meeting.

A complete packet of information containing Staff Reports (Agenda Statements) and attachments related to each item is available for public review at least 72 hours prior to a Senior Center Advisory Committee Meeting or, in the event that it is delivered to the Committee less than 72 hours prior to a Senior Center Advisory Committee Meeting, as soon as it is so delivered. The packet is available at the Dublin Senior Center.

8. **OTHER BUSINESS** – Brief INFORMATION ONLY reports from the Dublin Senior Foundation, Parks and Community Services Commission Liaison, Advisory Committee Members and Sub-Committees, and/or Staff; and Reports by Advisory Committee Members related to Meetings Attended at City Expense (AB 1234).

9. **ADJOURNMENT**



STAFF REPORT SENIOR CENTER ADVISORY COMMITTEE

DATE: November 5, 2015

TO: Honorable Chair and Committee Members

Micki Cronin

FROM: Micki Cronin, Assistant Director of Parks and Community Services

SUBJECT: Minutes of the October 1, 2015 Regular Senior Center Advisory Committee Meeting
By: Diane Guenther, Customer Service Assistant

EXECUTIVE SUMMARY:

The Senior Center Advisory Committee will consider approval of the minutes of the October 1, 2015 Regular Senior Center Advisory Committee meeting.

FINANCIAL IMPACT:

None.

RECOMMENDATION:

Approve the minutes of the October 1, 2015 Regular Senior Center Advisory Committee meeting.

DESCRIPTION:

The Senior Center Advisory Committee will consider approval of the minutes of the October 1, 2015 Regular Senior Center Advisory Committee meeting.

NOTICING REQUIREMENTS/PUBLIC OUTREACH:

None.

ATTACHMENTS:

1. Draft Minutes of the October 1, 2015 Regular Senior Center Advisory Committee Meeting



SENIOR CENTER ADVISORY COMMITTEE

REGULAR MEETING

Minutes

CITY OF DUBLIN

October 1, 2015

The October 1, 2015 meeting of the Senior Center Advisory Committee was called to order at 9:35 AM at the Dublin Senior Center by Chair Ito.

PLEDGE OF ALLEGIANCE

Chair Ito led the Pledge of Allegiance.

ROLL CALL

Committee Members (CM) Present: Brizee, Ito, Krausnick, Lore

Committee Members Absent: Mack

Liaison Absent: Janine Thalblum, Parks and Community Services Commission
Liaison

Staff Present: Cronin, Hudson, Jochner, Kransky

ORAL COMMUNICATIONS

3.1 Public Comments- None

APPROVAL OF MINUTES

4.1 Regular Meeting July 2, 2015

On a motion by Chair Ito, seconded by CM Lore, and by a vote of 3-0-1, with CM Brizee abstaining and CM Mack absent, the Senior Center Advisory Committee voted to approve the minutes of the regular meeting of July 2, 2015 as presented. CM Brizee abstained from the vote as she was not present for the July 2, 2015 meeting.

4.2 Regular Meeting September 3, 2015

On a motion by Chair Ito, seconded by CM Krausnick, and by a vote of 3-0-1, with CM Lore abstaining and CM Mack absent, the Senior Center Advisory Committee voted to approve the minutes of the regular meeting of September 3, 2015 as presented. CM Lore abstained from the vote as she was not present for the September 3, 2015 meeting.

WRITTEN COMMUNICATIONS – None

UNFINISHED BUSINESS – None

NEW BUSINESS

7.1 Transportation Options

Ms. Jan Cornish, Livermore Amador Valley Transportation Authority (LAVTA) Wheels program, presented the specifics of the item as outlined in the Staff Report. Ms. Cornish indicated that LAVTA is moving towards utilizing the Clipper cards for their local transportation system. Residents may purchase Clipper Cards at the LAVTA Livermore office.

CM Brizee asked how clipper cards are being advertised. Ms. Cornish stated the Clipper cards are being advertised through Cubic, the Metropolitan Transmission Commission, and 511.

CM Brizee asked about LAVTA receiving public input for enhancing the Wheels program. Ms. Cornish stated LAVTA strives to make Wheels accessible for every segment of the community. Various workshops are scheduled in the Tri-Valley at the end of October for public input on how the community would like to see public transportation improved.

CM Krausnick asked if the Wheels program is for everyone. Ms. Cornish stated LAVTA programs are for everyone and there are additional benefits for eligible seniors, which include the Dial-a-Ride para-transit and para-taxi programs.

Chair Ito asked about the bus routes. Ms. Cornish described the major hubs located in the Tri-Valley where riders can transfer to different routes, and other bus lines and public transit authorities.

CM Lore stated the information presented is also useful for the Senior Center volunteers and greeters. Ms. Hudson, Recreation Coordinator, stated the Senior Center has LAVTA informational documents available for customers, along with information on the 211 and 511 programs. Ms. Cornish stated LAVTA is also available to schedule informational appointments, such as a one-on-one Travel Training program at the Dublin Senior Center.

7.2 Daily Lunch Program Review

Ms. Linda McKeever and Ms. Clare Gomes with Open Heart Kitchen (OHK) provided information on the program and thanked the Senior Center Advisory Committee and City Staff for their support.

CM Lore stated the Dublin Senior Center no longer requires lunch goers to make reservations. She asked how this process has been working for OHK. Ms. Gomes stated OHK prepares additional food so no one is turned away; however, she suggested taking reservations for the Thanksgiving and Christmas meals to be sure enough food is prepared.

CM Breeze asked about other cities where OHK provides lunch programs. Ms. McKeever stated OHK serves the communities of Livermore, Pleasanton, and Dublin.

Ms. Cronin, Assistant Director of Parks and Community Services, stated that OHK also attends the City's Splatter and St. Patrick's Day festivals to collect the excess food so it does not go to waste. Ms. McKeever added that any food waste OHK has is recycled by compost or fed to livestock. Chair Ito asked about the leftover food from the Dublin Senior Center. Ms. McKeever stated the leftover food goes back onto the OHK trucks and is distributed accordingly.

CM Lore asked about the menu. Ms. Gomes explained the nutritional information key on the menu. CM Lore commented that a digital version of the menu may be beneficial to share with the customers who have special dietary needs and restrictions.

CM Krausnick asked about a nutritional analysis for people with health concerns. Ms. McKeever stated a nutritional analysis is available for customers.

CM Brizee asked about OHK fundraising events. Ms. McKeever stated OHK holds fundraisers often in conjunction with Eagle Scouts, Girl Scout troops, and other local organizations.

Ms. Cronin asked about OHK staff and volunteers. Ms. McKeever stated she and Ms. Gomes are the only full time staff members; they have 13 part-time staff and about 100 volunteers scheduled every day to support several Tri-Valley locations. They receive volunteers from online resources and City referrals. CM Brizee asked about age limits for volunteers. Ms. McKeever stated midday senior lunch volunteers must be 18 years or older.

Chair Ito asked about vegetarian options. Ms. McKeever stated OHK is working to provide more vegetarian meal options. Ms. Gomes added OKH tracks meals that are popular to be sure they are prepared more often. Ms. Hudson suggested designating a specific day for vegetarian options.

CM Brizee left at 10:50 AM.

Ms. Hudson encouraged the Senior Center Advisory Committee to try the OHK lunches if they have not already done so.

Mr. Jochner, Recreation Supervisor, presented the statistics of the OHK lunch program at the Dublin Senior Center and pointed out that overall attendance has increased.

OTHER BUSINESS

Ms. Cronin stated the Senior Center marquee project is moving forward as planned.

Ms. Hudson reported the Hometown Heroes event is scheduled for Saturday, November 7, 2015. Mayor Haubert and the Garrison Commander of Camp Parks have been confirmed to make a presentation. Amy Noble, Camp Parks Chaplain is scheduled to give the invocation. Chair Ito asked about the music for the Hometown Heroes event. Ms. Hudson stated Staff is working on confirming the music performance.

Ms. Hudson encouraged the Senior Center Advisory Committee to attend the Senior Info Fair on Saturday, October 3, 2015.

ADJOURNMENT

There being no further business the meeting adjourned at 10:56 AM.

Minutes prepared by Jennifer Kransky, Senior Office Assistant.

Holly Ito
Chairperson

ATTEST: _____
Rich Jochner
Recreation Supervisor



STAFF REPORT
SENIOR CENTER ADVISORY COMMITTEE

DATE: November 5, 2015
TO: Honorable Chair and Committee Members
FROM: Micki Cronin, Assistant Director of Parks and Community Services
SUBJECT: 2015 Summer Quarterly Report
By Anna Hudson, Recreation Coordinator

Micki Cronin

EXECUTIVE SUMMARY:

The Parks and Community Services Department develops and implements quality programs that strengthen community image, provide recreational experiences, encourage healthy lifestyles and preserve the City's heritage. The following is a summary of Dublin Senior Center summer 2015 programs and events.

FINANCIAL IMPACT:

None

RECOMMENDATION:

Receive the report.

DESCRIPTION:

The Dublin Senior Center offers activities and events that promote healthy living for seniors and the opportunity to build new friendships through recreation. The following is a summary of the 2015 summer quarter.

Senior Center Attendance Comparison (June - August)

Table with 6 columns: Attendance Type, 2015, 2014, 2013, 2012, 2011. Rows include Drop-In, Programs and Activities, Total Attendance, Avg. Daily Attendance, and Total Volunteer Hours.

The Senior Center experienced a 12% decrease in Drop-In attendance, a 1% decrease in Programs and Activities attendance and a 3% decrease in total Senior Center daily attendance. The decrease in attendance is largely due to fewer volunteer instructors available to teach classes.

Summary of Summer Attendance Comparison

The classes showing significant increases in attendance were Gentle Yoga (427%), Healing Yoga (137%), and Afternoon Ballroom Dance (78%).

The daily lunch program saw a steady increase in attendance, with 465 more participants compared to last summer. As of August 1, lunch reservations are no longer required 24 hours in advance.

June

- A third Tai Chi class was added on Friday afternoons with 18 students enrolled.
- A second date was added to the Healing Yoga drop-in class.
- A new knitting social group began meeting on the 3rd Tuesday of each month to make baby caps for two Alameda County agencies: the Highland Hospital Neonatal Care Unit and Love Twice.
- The Carmel van trip sold out.

July

- An eight hour AARP Safety Driver Course was attended by eleven students.
- A new hearing assessment and hearing aid cleaning/repair service was offered on 2nd Wednesday of the month by Audible Hearing Center.
- A panel discussion on senior fraud was given by the Alameda County District Attorney's Office Elder Protection Unit.
- The van trip to Monterey was attended by twelve participants and the trip to the Carolands was sold out with twelve people on the waitlist.

August

- The Senior Center's 10th Anniversary was celebrated on August 1st with a Gala, in which 90 people attended. The event included appetizers, a show, and dancing. On August 6th, the celebration continued with distribution of free cake to Senior Center patrons.
- The Lick Observatory van trip was attended by 13 participants.
- A four-hour AARP Refresher Safety Course had eleven students in attendance.
- The Alameda County Healthy Homes Department gave a workshop on home repair.

NOTICING REQUIREMENTS/PUBLIC OUTREACH:

None

ATTACHMENTS:

1. Senior Center Attendance Report: Summer 2015

ATTACHMENT 1

SENIOR CENTER ATTENDANCE REPORT: SUMMER 2015

Summer Quarterly 2015	June	July	Aug	2015	2014	%change
AARP Mature Driving	NA	22	11	33	6	450%
Advisory Committee	5	5	NA	10	10	0%
Art - Saturday	27	36	24	87	93	-6%
Art Studio (Art for All Media)	8	NA	NA	8	39	-79%
Balance Agility	184	164	158	506	411	23%
Ballroom Dance (Afternoon)	110	100	104	314	176	78%
Ballroom Dance (Drop in)	20	29	18	67	NA	NA
Ballroom Dance (Evening)	21	52	36	109	143	-24%
Bingo	199	251	206	656	866	-24%
Blankets for Vets	47	59	34	140	141	-1%
Bridge	254	252	235	741	807	-8%
Building Tours	7	15	3	25	64	-61%
Bunco	33	48	28	109	65	68%
Computer 1-on-1	13	16	13	42	37	14%
Computer (Drop In)	68	59	64	191	179	7%
Diabetes	7	6	9	22	42	-48%
ELSE	51	NA	NA	51	180	-72%
Food Distribution	453	510	506	1469	1262	16%
Foot Fitness	NA	NA	NA	NA	8	NA
Foundation Meeting	14	14	14	42	42	0%
Foundation Casino Trips	NA	NA	NA	NA	34	NA
Health Screening	NA	NA	NA	NA	7	NA
Hearing Screening	NA	4	5	9	NA	NA
HICAP	2	3	4	9	6	50%
Hula	18	15	NA	33	165	-80%
Ice Cream Social (Foundation)	NA	NA	NA	NA	80	NA
Line Dance	691	808	727	2,226	2,671	-17%
Lunch	437	427	527	1,391	926	50%
Luncheon (Special)	NA	NA	NA	NA	130	NA
Mah Jong - American	NA	47	33	80	170	-53%
Mah Jong - Chinese/Instruction	NA	NA	NA	NA	45	NA
Mah Jong - Chinese	42	48	32	122	146	-16%
NIA (Non-impact aerobics)	20	NA	NA	20	32	-38%
Path Wanderers	37	35	35	107	161	-34%
Piano	12	NA	NA	12	40	-70%
Pilates	72	48	105	225	163	38%
Ping Pong	167	150	151	468	467	0%

Quilting/Needle Arts	21	7	7	35	84	-58%
Reading Group	6	5	5	16	17	-6%
Scrapbooking	10	12	8	30	24	25%
Sign Language	18	14	28	60	48	25%
Special Event: 10th Anniversary Gala	NA	NA	90	90	NA	NA
Tai Chi Chuan	160	132	104	396	368	8%
Tai Chi Chuan Saturday	64	33	33	130	172	-24%
Tai Chi Chuan Friday	54	54	45	153	NA	NA
Tai Chi Chuan Practice	73	93	55	221	NA	NA
Trail Trekkers	99	102	125	326	458	-29%
Trips and Tours	14	12	12	38	14	171%
Ukulele	44	26	27	97	157	-38%
Ukulele Jam Session	84	100	73	257	206	25%
Watercolor Drop In	35	10	23	68	157	-57%
Writing for Comp - Polish your Writing	72	52	48	172	156	10%
Workshops	NA	2	4	6	32	-81%
Yoga - Gentle	60	75	60	195	37	427%
Yoga - Healing	20	37	14	71	30	137%
SubTotal	3,853	3,989	3,843	11,685	11,774	-1%
Drop in	834	835	1,025	2,694	3,074	-12%
Total Attendance	4,687	4,824	4,868	14,379	14,848	-3%
# Days	22	22	21	65	64	2%
Average Daily Attendance	213	219	232	221.22	232.00	-5%
Total Volunteer Attendance	1,165	1,070	974	3,209	3,360	-4%



STAFF REPORT

SENIOR CENTER ADVISORY COMMITTEE

DATE: November 5, 2015

TO: Honorable Chair and Committee Members

FROM: Micki Cronin, Assistant Director of Parks and Community Services

SUBJECT: Hometown Heroes Report
By: Anna Hudson, Recreation Coordinator

Micki Cronin

EXECUTIVE SUMMARY:

The Dublin Senior Center hosts an annual Hometown Heroes event which includes a variety of components to acknowledge and pay tribute to veterans.

FINANCIAL IMPACT:

None

RECOMMENDATION:

Receive Report

DESCRIPTION:

The Dublin Senior Center will host the 8th Annual 2015 Hometown Heroes event on Saturday, November 7 at 2:30 PM. The event will feature Master of Ceremonies Mayor David Haubert; Guest Speaker Garrison Commander of Camp Parks Lieutenant Colonel Andrew W. Jones; an invocation by Chaplain Amy Noble, Pastoral Care Chaplain, Camp Park Reserve Forces Training Center; and the Cooltones Big Band for entertainment.

The Dublin Senior Center is accepting applications and photos to create storyboards for the Wall of Hometown Heroes display. The display honors the many seniors and community members who served in the military for the United States.

The Dublin Senior Center will also collect new white socks for U.S. troops to benefit Operation SAM (Supporting All Military).

Light refreshments will be served after the event.

NOTICING REQUIREMENTS/PUBLIC OUTREACH:

None

ATTACHMENTS:

None